Dr. M. Banumathy, DGO, DNB, MICOG
HOD Academics,
Department of Obstetrics and Gynecology,
Sri Ramakrishna Hospital,
Tamil Nadu.

Dr Banumathy Manikkam, with 35 years of leadership and experience has the passion to cater to challenging issues like High Risk Obstetrics, Minimally invasive surgeries, Preventive oncology and Stressful sub fertile women. Education, work and access to health care for all are key elements for development and distribution of goods. Focused, determined and empowered nature of hers led to explore the agony and unattended hue and cry of these subset. Psycho social stress management will lead to successful outcome certainly. Hence the study was undertaken to infer the response by the patients and the effect on their outlook. Most women had a good outlet and destressed which in turn made them understand the ground reality. Need of the hour is to unwind the stress in these women and will boost the treatment results.