

## Biography



Ms. Rashmi Pitre  
Popular Actress,  
Reputed Painter,  
Poet, an Art Therapist and a Life Coach/Trainer,  
Mumbai.

Ms. Rashmi Pitre is a popular Actress, a reputed Painter, a Poet, an Art Therapist and a Life Coach/Trainer. She has acted in popular TV serials since many years in lead characters and has won Government's Mumbai Mayor Award among other 60 awards.

As a Painter, she had 34 shows of paintings in India, Canada and USA and her most recent show being a Solo exhibition of her paintings at prestigious Jehangir Art Gallery, Mumbai and her paintings were also selected for Lalit Kala Akademi's Kala Mela in Mumbai 2019.

As a Poet, she is featured in poetry events and litfests across the Mumbai city. With over 200 English poems till date, Rashmi was invited for Solo poetry shows at RadioCity, All India Radio and has been a featured poet and panelist in literature fests. Her poems are published in magazines and books with other Indian and International poets. She is also actively involved in Social Causes and has been involved in doing projects on Women Empowerment since many years. Rashmi Pitre has a B. A. with Hons. Degree in Ancient Indian Culture from St. Xavier's College, Mumbai (Study of Ancient Art, Architecture and Philosophy of India) and has a Diploma in Original Philosophy of Buddhism. She has a Diploma in Art Therapy and Life Coaching from UK. She has been conducting many Art Therapy sessions and recently for a Star Plus event in Mumbai. Her Art Therapy and Life Coaching sessions are one of a kind that touches on every aspect of human personality development.